



PATIENT INFORMATION

X-RAY PROCEDURES Enteroclysis (Small Bowel Enema)

What is it? This is a study of the small bowel using a barium-based liquid.

What does it involve? The patient is given 10mg of Maxalon syrup on arrival in the department. A small tube is threaded through the nasal cavity, down the back of the throat and through the patient's stomach into the duodenum. An anaesthetic gel is placed in the nose to numb it prior to tube placement. The barium is administered very slowly through the tube and x-ray films are taken at intervals to show the loops of small bowel. The patient will be asked to roll into various positions on the x-ray table to help the barium move around the bowel. The tube is removed at the end of the procedure.

How long will it take? This examination takes approximately 1 hour.

Is there any preparation? Nothing to eat or drink for 6 hours before your appointment time. For a morning appointment, the best results are obtained from nil per mouth overnight.

Aftercare: You can eat and drink normally afterwards. Drink plenty of fluid to help the barium wash through your system.