



Ultrasound Scans

PELVIS, KIDNEYS, LOWER ABDOMEN, BLADDER:

→ It is important to have a full bladder for this scan.

- **1 hour before your appointment:** empty your bladder then drink 1 litre of water.
- Do not empty your bladder again until after your scan.

GALL BLADDER, UPPER ABDOMEN:

→ Morning appointments:

- Eat a light meal the night before your appointment **but do not eat any fatty food** ie butter, milk, eggs, cheese or fried food
- Have nothing to eat or drink in the morning before your scan.

→ Afternoon appointments:

- Eat a light meal the night before your appointment as above.
- On the day of your scan have a light breakfast with no fat.
- Have nothing further to eat or drink until after your scan.

ABDOMEN & PELVIS:

→ Follow the preparation for a gall bladder & upper abdominal scan **and also** have a full bladder.

OBSTETRIC SCANS:

→ Patients up to 8 weeks gestation: It is important to have a full bladder for this scan.

Follow the preparation for a pelvic ultrasound.

→ Patients over 8 weeks gestation: There is no preparation required.

For all other ultrasound scans, instructions will be given when you arrange your appointment.

If you have any questions, please call us on: **0800 ULTRASOUND (0800 858 727)** or on **09 520 9550**.

ASCOT RADIOLOGY: ULTRASOUND SCANS